



Golden Manor Nursery Newsletter



July, 2021

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Welcome to our monthly Newsletter. We would like to welcome all new children and parents/carer's who have joined our family of learning and playing together this month.

In June we have been learning about Pirates/Princess, Lifeguards/Coastguards/mermaids and Safety week, Dentist's/Father's day and healthy and eating, Fire fighters/armed forces and World music day, Doctors and ambulances.

We have all enjoyed participating in lots of fun activities in our new outdoor classroom. going out on trips to the Mill Pond to feed the ducks, making healthy snacks such as Bonfire biscuits, fruit smoothies and pizza. Making cards for Father's day, learning how to cross the road plus so much more.

Upcoming Events & Important Dates:

7th July:
World chocolate Day
11th July:
World Population Day
14th July
Bastille Day
18th July
Mandela Day
23rd July 2021
Tokyo Olympics begin

Closure Dates

Flying start closes
Tuesday 20th July 2021
Re-Opens
Thursday 2nd September?

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BABY BOY



We would like to wish the following children and staff a very happy birthday:

Zachary D, Olivia, Nia, Phoebe and Rachel

We will be holding a teddy bear's picnic on Thursday 30th July 2021 at lunch time to celebrate!

Polite Notice

Clothing.

Please can we ask that you provide the following items of clothing labelled with your child's name which can be kept at nursery at all times

- A coat
- Welly boots
- Sun hat

-A full set of clean clothes (in a bag labelled) -A bottle of sun cream (labelled).

Many thanks.



Summer Holidays

If you are receiving the childcare offer and would like your child booked in for the summer please book in as soon as possible as places are limited

We would like to congratulate Bethan our Childcare Practitioner in the Woodlands room and her partner Will on the recent birth of their son Foxx

Parents Evening Meeting

Please complete the slip if you would like to attend a parents evening via zoom with your child's key worker and return to your child's playroom to arrange a suitable date and time.

I would like to attend a parents evening via zoom with my Child's key worker at Golden Manor nursery

Child/Children are:

Signed By

Parent /Carer

Date _____

Staff announcements

We would like to welcome Seren to the team. Seren is qualified in her L3 CCDL and will be working within the Woodlands Playroom.

We hope Seren will be very happy with us.

Well done to the staff that have completed their May training:

Phoebe A -Understanding babies

Female Genital Mutilation
Laura G- Appraisals and supervision

Margaret- Appraisals and supervision, Alnco Forum

We continue to develop our skills to provide the highest standard of care for your children.



Meet our Woodlands Childcare Practitioner Amy Chalmers

Amy has recently started working at Golden Manor and has 9 years' experience in childcare.

Amy was born in Haverfordwest where she lived with her parents and 2 older sisters throughout her childhood. Amy attended Tasker Milward School and started waitressing while completing her GCSE's.

Amy left sixth form in 2011 and after always knowing childcare was what she wanted to do, soon got a new job at a nursery. Amy completed her NVQ 2 & 3 over the first few years and soon worked her way up to room leader of the under 2's room and then to Assistant Manager at Rainbow Reef Daycare.

During this time, Amy left home and moved to Broad Haven and soon after met her boyfriend.

In 2018 Amy moved back to Haverfordwest with her Boyfriend and had a little boy at the end of 2019.

Amy then returned part time as a nursery assistant at Rainbow Reef Daycare so she could spend more time with her little boy.



Amy loves to spend her free time taking her little boy on days out and catching up on missed time with family due to lockdown.

This year Amy decided she needed a new adventure and wanted to experience a new setting. After seeing how great her little boy got on in Golden Manor and being super happy with the care and experiences he received, she was very excited to join the Golden Manor team.

For your information

COVID-19

Coronavirus

PREVENTION, SYMPTOMS AND STEPS OF ACTION.

PREVENTION

The best way to avoid contracting the virus is to wash your hands as often as possible.



WASH YOUR HANDS REGULARLY
WITH SOAP OR HAND SANITISER

WASH THEM FOR
20 SECONDS

AVOID SHAKING HANDS

AVOID SICK PEOPLE

SYMPTOMS

Below are some of the symptoms you should look out for if you think you have the Corona virus.



RUNNY NOSE



HEADACHE



SORE THROAT



FEVER



COUGH

ACTIONS

If you suspect you've caught Covid-19 follow the below steps as you may have to self isolate to avoid the spread of the disease.



CALL HR OR
YOUR MANAGER



DON'T GO INTO WORK



DON'T GO TO THE
GP SURGERY OR HOSPITAL



CALL NHS 111
FOR FURTHER ADVICE

What's Happening

What's Happening in July 2021	
Week commencing	Weekly Topic
28 th June 2021	Doctors and ambulance
5 th July 2021	Police and Armed Forces
12 th July 2021	Farmers and Shopkeepers
19 th July 2021	Holiday/travel and Sun safety
26 th July 2021	On the beach/In the water

Fun at Home

RAINBOW BLOWERS

CARDBOARD TUBE RAINBOW BLOWERS are a colourful and fun kid's craft! Kids love blowing this rainbow craft to see the streamers swoosh.

To make your rainbow blower you will need:

A cardboard tube
Different coloured tissue paper cut into strips
Felt pens and glue.

First decorate your tube using your felt pens.
Then glue your coloured tissue strips to the inside of your tube.

When dry enjoy blowing into the tube to see your rainbow move.





Our Welsh Key words for July

Week of the 26th June

Doctors and ambulance

- Doctor- meddyg
- Ambulance- ambiwlans
- Help us- Helpwch ni
- Paramedic- parafeedyg
- Stethoscope- stethosgop
- Monitor- monitro

Week of the 5th July

Police and Armed Forces

- Car – car
- Police Man - Dyn heddlu
- Soldier-milwr
- Uniform-gwisg
- Help-Helpu
- Police Woman-Dynes heddlu

Week of the 12th July

Farmers and shopkeepers

- Farmer- Ffermwr
- Shopkeeper- Siopwr
- Food- Bwyd
- Shop- Siop
- Animals- Anifeiliaid
- Tractor- Dractor
- Fruit- Ffrwyth
- Vegetables- Llysiau

Week of the 19th July

Holiday/travel and sun safety

- Holiday- Gwyliau
- Travel- Teithio
- Sun- Haul-
- Sun cream- Hufen hau
- Hat-Het
- Train-Trên
- Plane-Plân
- Boat-Cychod

Week of the 26th July

In the water/on the beach

- Water-Dŵr
- Beach- Traeth
- Sand- Tywod
- Sandcastles-Cestyll tywod
- Waves-Tonnau
- Bucket- Bwced
- Spade-Rhaw
- Icecream-Hufen ia

CYMRAG

Dysgu
Learn

Summer Holiday Club Planner

Summer Holiday Club 2021: All the above activities are weather permitting. Please can we ask all children to bring in their raincoat, wellington boots and a change of clothes? All activities depend on the children's happiness/wishes and may be changed dependant on their needs at short notice

Topic & Date	Monday	Tuesday	Wednesday	Thursday	Friday
Police 19th July AM PM	Science and sensory. Let's explore the science behind fingerprinting and make our own finger prints. Sports Afternoon Tennis, Yoga, football and obstacle courses	General Arts and Crafts: Let's make a summer scrap book to high light the best things of summer Afternoon Games Party Games , dancing and fun.	Singalong to your favourite movies Enjoy a morning singing songs and record to send to the residents of Ashdale. Design your own police outfit using a range of materials .	Forest school Session Make butterfly feeders and experience barefoot walking through grass, sand, water, mud. Baking afternoon Children to make cakes, biscuits pizza	Puzzle me this Join in riddle games, solve the riddle to find a prize Detective Afternoon Can you be a detective and solve the crime?
Pirate Paradise 26th July AM PM	Pirate Fun Day. Full of arts and crafts, Make your own treasure maps by staining the paper and other pirate accessories and then see if you can find the hidden treasure within Golden Manor.	Science Morning Make golden Slime and Sunken treasure sensory bottles. Treasure Hunt . Search for treasure using magnets hidden in the sand, and participate in song time.	Design your own puppet Create your own puppet using a variety of materials Puppet show Write your script and use your puppets to show to your friends	Pirate Water Fun Day. Enjoy a day full of water fun and games. Splash the pirate with the sponges, walk the plank, water bomb, cannon ball games plus lots more. Don't forget to bring your swim wear and towel.	Dress up as pirate- Child's choice and have pirate dinner. Movie Afternoon Watch the muppets treasure Island film and enjoy some healthy snacks
Wild wild west (camping) 2nd August AM PM	Let's pitch our tent's Bring your tents in and pitch them, enjoy a week full of the outdoors. Treasure Trail Go on a treasure trail around forest school following the signs along the way.	Bird Watching Make a bird hide and see what birds you can spot in our garden and forest school. Garden Adventures Fun afternoon of mini adventure games, see if you can win a prize along the way.	Flashlight laser tag Enjoy a morning of laser tag within the garden and Forest school area. Forest School Afternoon of mud painting, use twigs and sticks as paint brushes, sing wild west songs around the campfire, tell camp fire stories.	Camping Day. Toasting marshmallows, building shelters and dens, campfire songs, games. Face painting, Barbeque lunch Army Obstacle course. Scramble under nets, through tunnels over logs plus much more. Please bring spare clothes as you may get muddy.	Outdoor Fun Day Enjoy a morning of Bouncy Castle Fun and games. Balancing beams Dinner in the garden Play capture the flag plus lots more.
Water Fun 9th August AM PM	Sports Day Bike/scooter: Bring your bike, scooter and helmet to Golden Manor. Football, obstacle course, races, tag. Sack races, egg and spoon, plank challenge	Fruit creations Make fruit smoothies and ice lollies using a variety of different fruits, milk and water. Water Science afternoon Explore water making water bottle rockets, Rainbows in a jar, skittles experiment plus lots more.	Bubble Morning Enjoy a morning making bubbles and wands with see who can blow the biggest bubble. Afternoon movie with healthy treats	Water arts and crafts Create art using water guns/ spray bottles and water balloons. Forest school. Enjoy exploring Forest school and make crowns using leaves, flowers and other natural materials	Water Fun Day Time Bomb, Water cup racing, slip & slide, balloon baseball, paddling pool, slides Please bring in your swim suit, towel, hat & sun cream
History and castles 16th August AM PM	Science and sensory. Enjoy a morning of potion Making and slime	Castle Models Design and build your own castle. Crafts Inc. junk modelling and clay Enjoy an afternoon having stories and singing songs in the castle at Golden manor	Outdoor Fun Day Enjoy a day of medieval games, stick fencing, target shooting, javelin, jousting using pool noodle Picnic food, Garden games.	Baking Morning Make honey cakes and medieval broth Medieval craft afternoon Make your very own shield/sword, clothing, catapults, stained glass windows plus lots more	Talent show at Golden Manor Practice your talent in the morning, singing dancing magic. Show time Put on a show for all your friends in the afternoon.
Let's get Physical 23rd August AM PM	Closed	Arts and Crafts Make trophies, medals and banners out of a variety of materials for our mini Olympics day on Thursday. Yoga Afternoon Enjoy a fun yoga session following the movements on the projector with Cosmic lads.	Sports Day Join in races with your friend to win prizes, relays, egg and spoon, sack race plus lots more. Forest school. Enjoy exploring Forest school and make crowns using leaves, flowers and other natural materials.	Silliest dance day Lets get physical with our friends showing off our dance moves. Who's will win a prize for the most creative dance moves. Balloon art Make an outfit out of balloons for the different barbies and other role play toys.	End Of Summer Club Party Day Beach theme Hawaii fancy dress. Paddling pool fun, music, hot dogs and wedges, limbo, pebble pictures and volley ball. Make your own Mocktails Please bring in your swim suit, towel, hat & sun cream.

Ideas for play around your home

Your home is your child's first and most familiar play space. When they are young, your child will usually enjoy repeating the same types of play. This is important for their development, and it's easy to do at home.

Playing at home helps your child feel safe, secure and happy. If you have recently moved or are away from home, having familiar things to play with can help your child settle in. Here are some fun, easy play ideas your child can enjoy at home.

Bathtime

Showers and baths are the perfect time to play with water. Splashing and playing with bubbles is fun.

You can make bathtime even more fun with:
 Things from the kitchen – like sieves, ladles, cups
 Things that float and things that sink, Songs
 Straws for blowing bubbles.
 Playing in water is also a great opportunity for your child to explore their senses.

For example:
 Smelling bath oil and soap
 Feeling the texture of sponges and bubbles
 Feeling the warmth of the water on their skin
 Feeling cosy wrapped up in a big towel
 Listening to drips and splashes.

You should always supervise young children when they are in the bath.

Household tasks

Your child can have a lot of fun joining in with household tasks. Your child will often want to do things they have seen you doing. You may need to be extra patient, as household tasks might take longer or be a bit messier when your child is involved.

You can think of household tasks as opportunities for playful learning – for example:

Washing up (make sure you remove sharp and easily broken items if your child is young)
 Cleaning windows with buckets of soapy water
 Sweeping up or hoovering floors
 Polishing things like door handles or pots and pans.

Some children really enjoy a competitive element – like 'who can polish the most spoons in five minutes?' But other children may find this stressful. You'll be able to judge whether your child enjoys some competition.

Meal times

Meal times are a great opportunity to spend time together. Putting screens and phones away during meal times helps you and your child enjoy your food and concentrate on your time together. Meal times are great for:
 Chatting about the day
 Planning your next play adventure together
 Starting conversations about interesting or funny topics. Telling stories

Playing simple games like 'I spy' or memory games like 'I went to the market and bought a...'
 (each person in turn has to add something to a list of what was bought and repeat what the previous people had said, trying to remember everything as the list gets longer and longer).

Waking up early

Here are a few ideas that might help when your child wakes up early in the morning ready to play. Set up a cosy area with a picnic blanket and some soft toys or teddy bears so they can play quietly nearby.

Let them snuggle in bed with you.
 If you aren't ready to play yet, say so.
 Keep the lights dim.
 Avoid gadgets and screens.
 Have some favourite books nearby to read together.
 Go out for an early morning walk.